

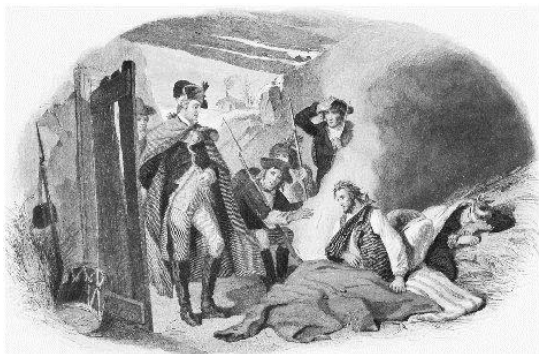
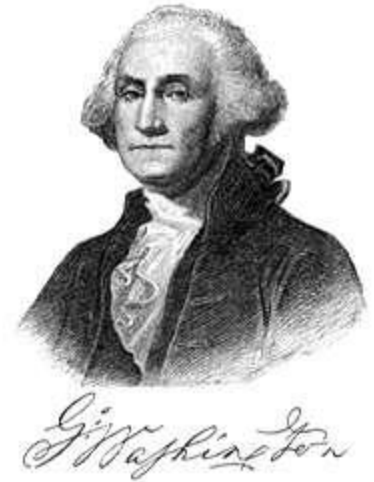


2015 Ft. Stewart Retiree Appreciation Day

Mr. Mark E. Overberg
Deputy Chief, Army Retirement Services
20 October 2015

UNCLASSIFIED

“The willingness with which our young people are likely to serve in any war, no matter how justified, shall be directly proportional as to how they perceive veterans of earlier wars were treated and appreciated by this country.”



George Washington 1781



U.S. ARMY

Soldier Life Cycle

Serve Strong

- Technical and Leadership experience
- PME supports continued development
- ACT / COOL / JST
- Credentialing, Certifications and Licensing



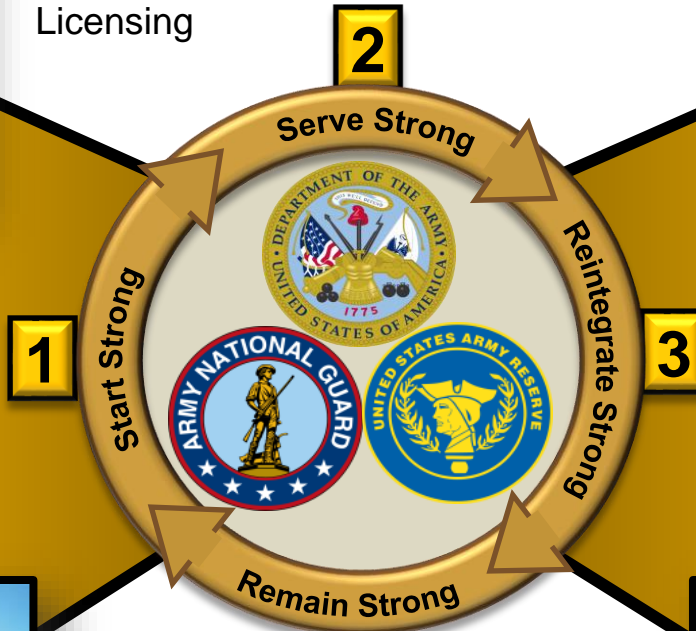
Start Strong

- Recruit Top 29%
- HS Diploma / College
- PaYS Partner (Partnerships for Youth Success)
- Initial Entry Training (IET)
- Army Values and Warrior Ethos



Re-integrate Strong

- SFL-Transition Assistance Program (TAP)
- Retirement Services
- National Guard / Reserve
- Army Network / Mentors
- Community Action Teams
- Apprenticeships/Internships



Remain Strong

- Community Reception
- National Guard / Reserve
- VSO / MSO
- Retired Soldiers / Veterans
- Mentors
- Community / Civic Leaders



STRONGER RELATIONSHIPS
MEAN A STRONGER ARMY





Army Retirement Services

An Army Program Since 1955

Retirement is a process, not an event!

32,210 Soldiers retired in FY14

2015 Population Served	Active Army			Retired Soldiers	Surviving Spouses	Total
	<u>ARNG</u>	<u>USAR</u>				
	491,177	350,023	195,407	948,296	249,160	2.23M

Pre-Retirement Policy

- 117 Retirement Services Officers
- Career Status Bonus Counseling
- Pre-Retirement Counseling
- SBP/RCSBP Counseling
- MyArmyBenefits website
- Soldier for Life website

Post-Retirement Policy

- Lifetime benefits advice & support
- Survivor Benefit Plan (SBP) assistance
- *Army Echoes* Newsletter & Blog
- CSA & Installation Retired Soldier Councils
- Retiree Appreciation Days

AR 600-8-7 – “Retirement Services Program”

<http://soldierforlife.army.mil/retirement>



CSA Retired Soldier Council's Recommendations to the CSA

- 1) Healthcare remains the #1 concern**
- 2) Retired Soldiers value their earned medical compensation the most**
- 3) The Surgeon General should continue to support access to medical treatment facilities**
- 4) Continue to develop the Soldier for Life Program**
- 5) Retain the Commissary benefit**
- 6) Protect Retired Soldiers' deferred compensation**
- 7) Use us to spread the Army message – “re-enlist” Retired Soldiers to tell their Army stories**
- 8) Continue to communicate with us personally – Page One of *Army Echoes***

<http://soldierforlife.army.mil/retirement/retireecouncil>



The Army Retirement Services Website

<http://soldierforlife.army.mil/retirement>



Army Retirement Services Office

SOLDIER FOR LIFE

Once a Soldier, Always a Soldier ... A Soldier for Life!

- Retired Soldiers - Home
- Army Echoes
- Army Echoes Blog
- Preparing to Retire
- After Retiring
- Survivor Benefit Plan
- Career Status Bonus
- Retirement Services Officers
- RC Retirement Services
- Survivor Assistance
- CSA Retired Soldier Council
- Former Spouse Information
- Frequently Asked Questions
- Calculators
- Active Officer Retirement
- Active Enlisted Retirement
- RSO - Mission
- Helpful External Links
- Contact Us



[Click here to buy the new U.S. Army Retired Lapel Button](#)



Vietnam Veterans Memorial



Read Today's Blog Post

- [Trek for the troops: Retired Army man gears up for cross-country walk](#)

Latest Announcements

- The Army Retirement Services Program celebrates its 60th Anniversary on Nov. 14, 2015! Look here for future announcements.
- October is Army Cybersecurity Awareness Month, which is an annual campaign to increase awareness of organizational cybersecurity practices and training that will help the Army improve its overall security posture. [Read more here.](#)

Retiree Appreciation Days

Today ◀ ▶ Friday, October 23 ⌵

Friday, October 23

- Fort Bragg, NC
- Fort Meade
- Fort Riley, KS
- Grafenwöhr, Germany

Saturday, October 24

- Fort Bragg, NC
- Fort Hamilton, NY
- Fort Polk
- Rock Island, IL

Events shown in time zone: Eastern Time + [Google Calendar](#)

- SFL Home
- Soldiers (AD/NG/AR)
- Retired Soldiers
- Veterans
- Military Families/Gold Star Families
- Education
- Employment
- Health
- MyArmyBenefits
- About



- SFL Mission
- SFL TAP
- Army White Pages
- Resource Map
- SFL Initiatives



MyArmyBenefits

MyArmyBenefits
The U.S. Army official benefits website

★ Home ★ Benefit Library ★ Benefit Calculators ★ News ★ Help ★ Español

Google™ Custom Search SEARCH

ESTIMATE YOUR RETIREMENT PAY
Log in to calculate an estimate of your retirement pay for any of the three retirement systems-High 3, Final Pay or REDUX. Your personal data is filled in for you. [MORE](#)

MyArmyBenefits is the Official Army Benefits Website
Finding Your Benefits is as Easy as 1 - 2 - 3!

- ★ Browse Over 150 Fact Sheets for Benefit Eligibility and Highlights
- ★ Calculate Estimates of Your Survivor and Survivor Education Benefits
- ★ Forecast Your Retirement Benefits

Special information is provided for severely injured Soldiers and their families in the [Wounded Warrior](#) section of the site and for surviving family members of fallen Soldiers in the [Survivor Benefits](#) section. If you have questions or comments please [contact us](#).

SPECIAL MODULES

- ▶ Wounded, Ill and Injured
- ▶ Casualty Operations
- ▶ Multimedia

DS LOGON

A CAC or DS Logon Premium Account is required to access the MyArmyBenefits Calculators.

[REGISTER FOR DS LOGON](#)

NEED BENEFITS HELP?
Contact our counselors ▶

FEDERAL BENEFITS

- ▶ By Category
- ▶ By Component
- ▶ By Life Event
- ▶ A to Z

STATE / TERRITORY BENEFITS

Please select. [GO](#)

- **Benefit Library**
 - Federal Fact Sheets
 - State and Territory Benefits Fact Sheets
 - Resource Locators
- **Benefit Calculators**
 - Retirement
 - Survivor Benefits
 - Deployment Calculator
- **Benefits Help Desk Operations**
- **Wounded Warrior Special Module**
 - Wounded Warrior / DRE Calculator
 - Sustaining Income Calculator
- **Casualty Operations Special Module**
 - Survivor Benefits Report

<http://myarmybenefits.us.army.mil>

Links directly to DEERS information
through CAC or DS Logon.



Did You Know About?

- **Federal Long Term Care Insurance Program**
 - More info at: www.ltcfeds.com or 1-800-582-3337
- **Army Emergency Relief**
 - Retirees are eligible
 - Want to Help? www.aerhq.org or 1-866-878-6378 to donate or start an allotment from retired pay.



Did You Know About?

- **SSNs replaced by DOD ID number on ID Cards**
- **AKO Transition**
 - **No more AKO email; replace AKO email in *myPay***
- **DOD Self-Service Logon (DS Logon)**
<https://myaccess.dmdc.osd.mil>



Soldier for Life Branding



Soldier for Life logo
and window sticker



TRANSITION ASSISTANCE PROGRAM

Start Strong • Serve Strong • Reintegrate Strong • Remain Strong



US Army
Lapel Button



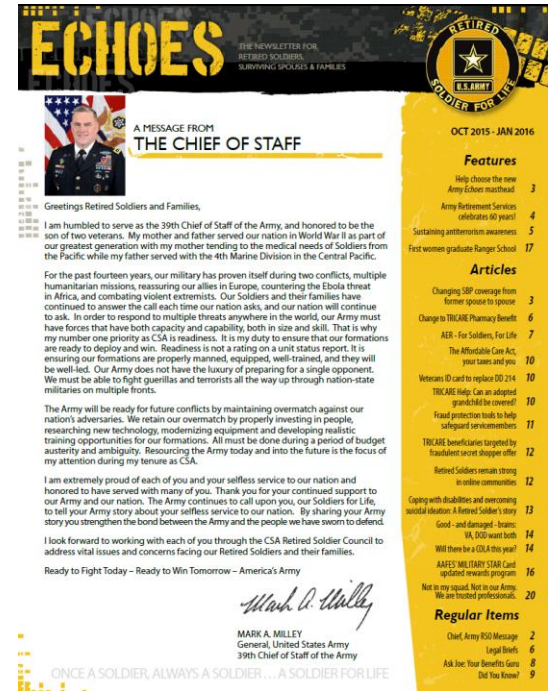
US Army
Retired
Lapel Button



US Army Retired ID Badge



Army Echoes



- Official Army publication for Retired Soldiers and surviving spouses
- Retired Soldiers and SBP annuitants with *myPay* accounts receive *Army Echoes* electronically at their email addresses in *myPay*
- No *myPay* account? We'll mail to the address on file at DFAS or HRC (Gray Area Soldiers)
- iPhone, iPad, Android phone apps
- Subscribe to the *Army Echoes* Blog to receive frequent news between editions at <http://soldierforlife.army.mil/retirement/blog>.



U.S. ARMY

Happy Birthday Retirement Services Program!



Army Chief of Staff GEN Maxwell Taylor created the Army Retirement Services Program on 14 NOV 1955.



Focus on the Performance Triad

<http://armymedicine.mil/Pages/performance-triad.aspx>



Be mission-ready so that you can enjoy a long and healthy retirement.



Sleep

- Get sufficient quality sleep



Activity

- Maintain an exercise routine
- Increase daily physical activity



Nutrition

- Improve your nutrition
- Control your portions and calories

- Set a goal, make a plan - make time
- Employ self-monitoring tactic(s)





Challenges

- **The federal budget**
- **Military Compensation and Retirement Modernization Commission proposals**
- **Communicating with the retired community**
- **Retired Soldiers not updating DFAS and Gray Area Soldiers not updating HRC**



What You Can Still Do for the Army

- **Stay engaged with the Army**
- **Tell your Army story**
- **Mentor a Vet or a retiring Soldier**
- **Hire a Vet or refer one for a job opening you know of**
- **Encourage young people to join the Army**
- **Volunteer on post or with a Veterans Service Organization or Military Service Organization**
- **Vote & tell your Congressman to support the military**



For more information

Army

<http://soldierforlife.army.mil/retirement>

Air Force

<http://www.retirees.af.mil/>

Navy

http://www.public.navy.mil/bupers-npc/support/retired_activities/Pages/default.aspx

Marine Corps

https://www.manpower.usmc.mil/portal/page/portal/M_RA_HOME/MM/SR

Coast Guard

<http://www.uscg.mil/ppc/ras/>



**Thank you for
your service!**

